## Forgotten Enemies in the Shadow of COVID-19 Parimal Patel<sup>1</sup>, Khushbu Makadia<sup>2</sup>

<sup>1</sup>Tutor, Community Medicine Department, B. J. Medical College, Ahmedabad, Gujarat, India <sup>2</sup>Tutor, Community Medicine Department, GMERS Medical College, Himmatnagar, Gujarat, India **Correspondence:** Dr. Parimal Patel, **Email:** drparimalpsm3787@gmail.com

The fight against the corona pandemic is important from the point of its direct impact in terms of high morbidity and moderate mortality but it also could indirectly result in many more victims by disrupting the architecture of our existing health system. So far, It has been seen that due to unprecedented nature of covid19 pandemic and high transmissibility forced the health authorities to give their almost 100% attention toward covid19 pandemic management and we have either reduced or stopped to pay attention to our known enemies like TB, HIV etc. These are very dangerous infectious diseases that have been known to affect us badly since years with high morbidity and

mortality. If we tend to continue forget these known enemies while fighting against the corona, there is a risk of having even greater impact of existing disaster in the coming days.

Official statistics suggest that there were 1.7 million cases of TB in 2017, and it killed 56,277 people, these numbers suggest that TB had a case fatality rate of 3.2% in 2017, meaning it was relatively more fatal than covid-19. Where the difference is in the number of cases (multiple times more than covid-19 cases detected so far in the country) and in its treatment (TB has a known cure and treatment regimen unlike covid-19).

Table 1: WHO Health Statistics Report Data (INDIA)

	Cause		Total Deaths	
			(Estimated)	
	Comr	municable, maternal, perinatal and nutritional conditions	2490052	
A.	Infect	tious and parasitic diseases	1199348	
	1.	Tuberculosis	421437	
	2.	STDs excluding HIV	3914	
	3.	HIV/AIDS	62104	
	4.	Diarrhoeal diseases	409652	
	5.	Childhood-cluster diseases	38066	
	6.	Meningitis	34324	
	7.	Encephalitis	33546	
	8.	Hepatitis	77304	
		Acute hepatitis A	2420	
		Acute hepatitis B	52971	
		Acute hepatitis C	1081	
		Acute hepatitis E	20832	
	9.	Parasitic and vector diseases	63244	
	10.	Intestinal nematode infections	529	
	11.	Leprosy	7274	
	12.	Other infectious diseases	47954	

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B.	Respi	ratory Infectious		617245	
C.		rnal conditions		40799	
D.	Neon	atal conditions		549737	
	1.	Preterm birth complication	302277		
	2	Birth asphyxia and birth tra		126372	
	3	Neonatal sepsis and infect	87045		
	4	Other neonatal conditions		34042	
E.	Nutrit	tional deficiencies		82923	
	Non-c	communicable diseases	5995333		
A.M	alignant		815148		
neo	plasms	1.Mouth and oropharynx o	101108		
		a.	Lip and oral cavity	58983	
		b.	Nasopharynx	3277	
		c.	Other pharynx	38848	
		2. Oesophagus cancer	44432		
3. Stomach cancer				62626	
	4. Colon and rectum cancers			56168	
5.Liver cancer				31273	
	6.Pancreas cancer			16818	
		7.Trachea, bronchus, lung	89288		
		8. Melanoma and other skin cancers		4498	
		9.Breast cancer	80724		
		10.Cervix uteri cancer	72661		
		11.Corpus uteri cancer	5308		
		12.Ovary cancer	2.Ovary cancer		
		13.Prostate cancer		14371	
		14.Testicular cancer		1472	
	15.Kidney cancer			7014	
		16.Bladder cancer		11004	
		17.Brain and nervous system cancers		17216	
		18.Gallbladder and biliary tract cancer		38136	
		19. Larynx cancer		19904	
		20.Thyroid cancer		3673	
		21.Mesothelioma		500	
		22.Lymphomas, multiple r	nyeloma	30397	
		23.Leukaemia		27864	
		24.Other malignant neopl	asms	56043	
B.		Other neoplasms		14344	
C.		Diabetes mellitus		308985	
D.		Endocrine, blood, immune		21130	
E.		Mental and substance use	disorders	31099	
F.		Neurological conditions		208999	
G.	Cardiovascular diseases			2590089	
Н.		Respiratory diseases		1017179	
I.		Digestive diseases		509871	
J		Genitourinary diseases		304702	

K	Skind	13236			
L.	Musc	49210			
M.	Cong	105119			
N.	Oral conditions		479		
Ο.	Sudden infant death syndrome		5743		
		1083234			
Α.	Unint	Unintentional injuries			
	1.	Road injury	299091		
	2.	Poisonings	31310		
	3.	Falls	206345		
	4.	Fire, heat and hot substances	45197		
	5.	Drowning	63969		
	6.	Exposure to mechanical forces	18983		
	7.	Other unintentional injuries	146920		
B.	Intentional injuries		271420		
	1.	Self-harm	215872		
	2.	Interpersonal violence	54858		
	3.	Collective violence and legal intervention	689		

Table 2: Comparison of contribution of covid19 with other diseases in terms of deaths due to different group of diseases

Sr. No.	Cause	Total deaths in year	Estimated	Contribution of disease in midyear total estimated death		
			Total deaths	Covid19 (%)	Tuberculosis (%)	Mouth and Oropharynx cancers (%)
1.	Infectious and parasitic diseases	1199348	599674	28084 (4.68)	210719# (35.14)	_
2.	Respiratory Infectious	617245	308623	9.10	68.28	_
3.	Total deaths	9568619	4784310	0.59	4.40	1.06

Increase in morbidity and mortality due to preventable and treatable diseases may occur if the focus shifts injudiciously from combating these diseases to COVID-19.

In line of above discussion more detailed statistics and inference is explained in the tables given below:

- As on 21<sup>st</sup> July, 1155191 cases and 28084 deaths due to covid19 have been reported across the country.
- As per the latest available report we can analyze the situation as mentioned in table 2

As we can interpret from these both tables that covid19 as disease is much less lethal than tuberculosis or common cancer like Mouth and oropharynx cancers as overall contribution of covid19 is much less than these two health issues as only 0.6%

of estimated midyear deaths are due to covid19 while due to TB and oral cancer are 4.4% and 1.1% respectively.

It doesn't mean that we should relax our all the preventive and curative efforts against covid19 but at the same time other very important and much dangerous and more lethal diseases shouldn't be ignored during this unusual pandemic scenario.

## References:

- 1. Global Health Estimates 2016: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2016. Geneva, World Health Organization; 2018.
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