INSTRUCTIONS FOR AUTHORS

“Healthline” is a biannual national journal of Indian Association of Preventive and Social Medicine. “Healthline” aims to promote quality research in the field of Community Medicine and Public health. The editorial board of the journal is committed to an unbiased, independent, anonymous and confidential review of submitted articles. Manuscripts submitted to this Journal, should not have been published or under consideration for publication in any substantial form in any other publication, professional or lay. All the manuscripts once submitted to and published in the Healthline will become the property of the journal.

Process for submission:

Authors are requested to strictly follow the guidelines provided herewith, while preparing the manuscripts for submission to the “Healthline” journal.

General Instructions:

The manuscript can be submitted through email to editorhealthline@gmail.com. The email should contain soft copies of authorship and copyright form (duly signed by all the authors), title page and original manuscript in separate documents. Authors are requested to prepare the article typed in “Times New Roman” fonts with size of “12”. Double spacing (including references), should be followed with wide margins. There is no need to send a hard copy.

For any query, kindly reach editorial office through e mail at editorhealthline@gmail.com.

Preparation of Manuscript

Following are the word limits to be followed while submitting an article.

<table>
<thead>
<tr>
<th>Type of Article</th>
<th>Maximum Word Limit</th>
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<tbody>
<tr>
<td>Editorial (by invitation only)</td>
<td>1500</td>
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<tr>
<td>Continuing Medical Education/ Review article</td>
<td>4500</td>
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<tr>
<td>Original article</td>
<td>3000</td>
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<tr>
<td>Short article</td>
<td>1500</td>
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<tr>
<td>Letter to Editor</td>
<td>750</td>
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<tr>
<td>Book review(should not be sponsored by any company/organization)</td>
<td>500</td>
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*Excluding abstract, references, tables and images

Manuscript should be prepared using American English language. Articles exceeding the word limit for a particular category of manuscript would not be processed further. Uniform
Requirements for Manuscripts (URM) submitted to Biomedical Journals should be consulted before submission of manuscript (http://www.icmje.org).

Each of the following sections should begin on a separate page. Number all pages in sequence.

Title page:

This should contain the title of the manuscript, name and designation of all the authors, a short title (not more than 40 letters) to be used as the running title, source of support in the form of grants, equipments, drugs etc., acknowledgement, the institution where the work has been carried out and the address with contact number and email ID of the corresponding author. There should also be mention of life membership number of first or second author with IAPSM-GC. Articles not containing life membership number of first or second author in the title page will be charged publication fees according to criteria for non member authors. Briefly mention contribution of each author in multi author article.

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Manuscript:

It must be concise and should include title, introduction, material and methods, result, discussion, conclusion, recommendations and references. The manuscript should not contain names or any other information related to authors. The matter must be written in a manner, which is easy to understand, and should be restricted to the topic being presented. Each Table and Figure should be on separate page and should be given at the end of the manuscript. Please do not insert tables etc. within the text. These should be placed as the last element of the text before references. Written permissions of persons/agency acknowledged should be provided, if applicable.

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The involvement of study participants should be voluntary and following informed consent. Any details disclosing identification of the patients (names, record numbers, contact details, photographs and pedigree) must not be included in the published article. In case, such information is necessary for scientific reasons, an informed consent must be obtained from the study participants or parents/guardian (in case of children less than 18 years of age). Informed consent for this purpose requires that a patient who is identifiable be shown the manuscript to be published. Authors should identify individuals who provide writing assistance and disclose the funding source for this assistance. Identifying details should be omitted if they are not essential. Complete anonymity is difficult to achieve, however, and informed consent should be obtained if there is any doubt. If identifying characteristics are altered to protect anonymity, authors should provide assurance that alterations do not distort scientific meaning and editors should so note. When informed consent has been obtained it should be indicated in the published article. (Source: International Committee of Medical Journal Editors ("Uniform Requirements for Manuscripts Submitted to Biomedical Journals"), February 2006)

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The full list of reference at the end of the paper should include: names and initials of all authors up to six (if more than 6, only the first 6 are given followed by et al.); the title of the paper, the journal title abbreviation according to the style of Index Medicus (http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?db=journal), year of publication; volume number; first and last page numbers. Reference of books should give the names and initials of the authors, book title, place of publication, publisher and year; those with multiple authors should also include the chapter title, first and last page numbers and names and initials of editors. For citing website references, give the complete URL of the website, followed by date of accession of the website. Quote such references as - author name, title of the article, the website address, and date of accession.

Citation: Several research studies have revealed gap between facts and beliefs of adolescent girls and showed that there is low level of awareness about menstruation among girls when they first experience it. [4]


Papers accepted but not yet published should be included in the references followed by “in press”. Those in preparation, personal communications and unpublished observations should be referred to as such in the text only.

Illustrations (Maximum 4):

These should be of the highest quality, preferably black and white and editable. Graphs should be drawn by the artist or prepared using standard computer software. Number all illustrations with Arabic numerals (1, 2, 3, …).

Legends:

A descriptive legend must accompany each illustration and must define all abbreviations used therein.

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These must be self-explanatory and must not duplicate information in the text. Each table must have a title and should be numbered with Arabic numerals. Each table should be typed in double space, on a separate sheet of paper. No internal horizontal or vertical lines should be used. All tables should be cited in the text.

**Abbreviation:**

As there are no universally accepted abbreviations, authors should use familiar ones and should define them when used first in the text.

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As per the 22nd General Body Meeting of IAPSM-GC, manuscript processing charges will be applicable to the publications in “Healthline” journal, as mentioned below, with effect from 1st issue of volume 6 of Healthline Journal.

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<th>Criteria</th>
<th>Applicable charges/article</th>
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<tr>
<td>First or Second Author with IAPSM-GC membership</td>
<td>Rs. 1000</td>
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<tr>
<td>First and Second Author without IAPSM-GC membership</td>
<td>Rs. 1500</td>
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